

**\*\*The Centenarians of Oklahoma is not associated with this organization. If you are interested in their research study, please contact them directly.**



IRB NUMBER: 2019-10473  
IRB APPROVAL DATE: 12/17/2020



## DO YOU KNOW SOMEONE 100 OR OLDER?

We are actively enrolling centenarians ages 100 and older, as well as their siblings and children, into our research study

### ABOUT THE RESEARCH STUDY

By studying centenarians, we want to understand how some people are able to live such long lives, maintaining very good health up through at least their nineties.

We strongly believe that these rare individuals and their offspring will contribute valuable information and greatly assist our research of healthy aging.

### PARTICIPANT EXPERIENCE

- You will be asked to complete some questionnaires about your health and lifestyle, your family tree, and social information
- We will collect health data pertaining to physical function and cognitive ability
- We will gather all of the information we need from you by mail, phone, or video call
- We will collect a small blood sample

There are no costs to you, and you do not need to travel anywhere to be in the study.

**VISIT US AT: [www.longevityomics.com](http://www.longevityomics.com)**

### WHAT WE HOPE TO LEARN

We have already gathered evidence that becoming a centenarian involves a genetic advantage, one that can be passed on through generations.

We hope to discover much more about:

- Biological and behavioral reasons centenarians delay or even escape age-related diseases such as Alzheimer's disease, cancer and stroke
- Novel strategies and treatments that will help other people do the same

### CONTACT US

If you or someone you know would like to learn more about this research study, please call or email:

**Boston University**  
**(888) 333-6327**  
**[agewell@bu.edu](mailto:agewell@bu.edu)**

or

**Albert Einstein College of Medicine**  
**(718) 839-7616**  
**[centenarianomics@einsteinmed.org](mailto:centenarianomics@einsteinmed.org)**



Boston University School of Medicine



Albert Einstein College of Medicine